

# CONVINCING PROOF

OF THE VIRTUE OF

## Lydia E. Pinkham's Vegetable Compound

What is the use of procrastinating in the face of such evidence as the following letters represent? If you are a sick woman or know one who is, what sensible reason have you for not giving Lydia E. Pinkham's Vegetable Compound a trial? For 30 years we have been publishing such testimonial letters as these—thousands of them—they are genuine and honest, too, every one of them.

Mrs. S. J. Barber says:



"I think Lydia E. Pinkham's Vegetable Compound is the best medicine in the world for women—and I feel it my duty to let others know the good it has done for me. Three years ago I had a tumor which the doctor said would have to be removed by an operation or I could not live more than a year, or two, at most. I wrote Mrs. Pinkham, at Lynn, Mass., for advice, and took 14 bottles of Lydia E. Pinkham's Vegetable Compound, and today the tumor is gone and I am a perfectly well woman. I hope my testimonial will be of benefit to others."—Mrs. S. J. Barber, Scott, N. Y.

Mrs. George May says:



"No one knows what I have suffered from female troubles, neuralgia pains, and backache. My doctor said he could not give me anything to cure it. Through the advice of a friend I began to use Lydia E. Pinkham's Vegetable Compound, and the pain soon disappeared. I continued its use and am now in perfect health. Lydia E. Pinkham's Vegetable Compound has been a God-send to me as I believe I should have been in my grave if it had not been for Mrs. Pinkham's advice and Lydia E. Pinkham's Vegetable Compound."—Mrs. George May, 86 4th Ave., Paterson, N. J.

Mrs. E. F. Hayes says:



"I was under the doctor's treatment for a fibroid tumor. I suffered with pain, soreness, bloating, and could not walk or stand on my feet any length of time. I wrote to Mrs. Pinkham for advice, followed her directions and took Lydia E. Pinkham's Vegetable Compound. To-day I am a well woman, the tumor was expelled and my whole system strengthened. I advise all women who are afflicted with tumors or female troubles to try Lydia E. Pinkham's Vegetable Compound."—Mrs. E. F. Hayes, 1899 Washington St., Boston, Mass.

Mrs. W. K. Housh says:



"I have been completely cured of a severe female trouble by Lydia E. Pinkham's Vegetable Compound, and want to recommend it to all suffering women."—Mrs. W. K. Housh, 7 Eastview Ave., Cincinnati, Ohio.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.



## Cures a

## Cough Quick

A cough cure remarkable for its prompt action and sure efficiency. Cures coughs, colds, throat and lung affections. Best for the baby and you. Prepared from the purest of nature's own remedies and called by the name

**A. D. S.**

## Syrup White Pine Mentholated

Be sure to get the genuine. None genuine without "A. D. S." on label.

Price 25c and 50c

## Quinlan's Pharmacy

## A PROMISE TO PAY

WOULD you accept a stranger's note? No Then why accept from a stranger any other promise to pay? A Fire insurance policy is such a promise. Ought you to accept it without knowing all about the Company?

Every Policy Issued By

## HARRISON I. NORTON

Is as Good as a Government Bond—Absolutely Reliable.

### The Fight Against Consumption All Around the World.

In order to show that spitting on the sidewalks is dangerous to health, an investigation has been made by Dr. John Robertson, Medical Health Officer of Birmingham, England, which shows that seven per cent of the "spits" collected in public places contained consumption germs. On the other hand the dust collected from the floors of the cottages of the Adirondack Cottage Sanitarium has been found to be free of tuberculosis germs, showing that a careful consumptive is not dangerous.

Consul-General George Horton has made a report from Athens on the conspicuous work of Greek physicians in combating the country's two chief scourges—malaria fever and tuberculosis. An annual average of 2,900 persons die each year from the former, while in epidemic years, due to excessive rains, the number exceeds 6,000 which was the case in 1905. The population of Greece is 2,433,806. The people have been interested through lectures, pamphlets, etc., to fight the malaria-carrying mosquito by draining stagnant ponds and throwing petroleum on them. A tuberculosis congress will be held in Athens next year, to which will be invited not only physicians, but all the mayors and other prominent people of Greece.

Under legislation enacted in 1905 the Danish Government pays three-fourths of the expenses of all poor persons who desire to be treated in tuberculosis sanatoria. When the hospitals under construction are completed, Denmark will have one bed in tuberculosis hospitals or sanatoria for every 1,200 inhabitants, a fact which will mean that the length of treatment can be considerably extended. In the United States there is one bed for every 4,500 inhabitants.

Efforts are being made in Bulgaria to abolish the numerous monasteries and convents of the Greek Catholic Church and to use their buildings and revenues for the establishment and maintenance of tuberculosis sanatoria. King Ferdinand has given 100,000 francs for the erection of a national sanatorium. The death rate from tuberculosis in Bulgaria is very high, being 31 for every 10,000 living.

The compulsory state system of sickness insurance instituted in 1884 in Germany has proved a powerful factor in combating tuberculosis. No less powerful have been the public sanatoria, the number of beds in which have increased during the past fifteen years from 243 to 8,422. Of the 209 tuberculosis sanatoria and hospitals in Germany, 35 are supported by the carriers of sickness insurance. The statistics of the Imperial insurance department show that as many as 42 per cent of the number of persons treated in these institutions remained in good working health five years after being dismissed from the sanatorium.

London has three open-air schools for tuberculous children. Similar institutions have been established in the United States in Providence, Boston, New York, Pittsburgh, Chicago, Hartford, Connecticut, Brookline, Mass., Rochester, N. Y.

A significant phase of the campaign against tuberculosis in Sweden is the establishment, by various industrial concerns, of sanatoria for tuberculous workmen from their own factories. The Vulcan Match Company, the Ljusne-Voxne Timber Company, the Sandviken Hardware Company, the Eriksson Telephone Company and the Stora Kopparberg Company are among those who maintain such institutions, each accommodating from fifteen to thirty patients. At these sanatoria the workmen are received free and their families may be admitted for a small charge.

A bill will be brought before the new British Parliament, calling for steps to be taken to prevent the high mortality from tuberculosis in Ireland. The bill will demand the compulsory notification and registration of tuberculosis cases, the establishment of special institutions for consumptive patients, the instruction of the public about this disease, and improved control over the meat and milk supplies.

The death rate per 10,000 from tuberculosis in Victoria, Australia, has fallen from 14.58 in 1890 to 9.58, and in Melbourne and suburbs from 20 in 1890 to 11.6 in 1907. The fall is attributed to the aggressive campaign against this disease, including the registration of tuberculosis cases, the erection of institutions for treatment and the general improvement of sanitary and working conditions.

The Newfoundland Society for the Prevention of Tuberculosis is carrying on a vigorous and necessary campaign this year in the island. The death rate from the disease in Newfoundland is very large. About one in every five of the total population dies of it, and, what is worse, in the last six years the death rate, which is stationary or decreasing elsewhere has increased about 50 per cent. This is due largely to the native horror of fresh air in the house.

Iceland has a Society for the Prevention of Tuberculosis and is building a \$75,000 sanatorium to accommodate 50 to 60 patients.

An All-Russian Anti-Tuberculosis Association has been formed, with headquarters at Moscow.

Societies for the promotion of public health measures and particularly for the erection of tuberculosis sanatoria have been formed in Bosnia and Herzegovina.

According to the statement of a Greek pastor of Lowell, Mass., sixty per cent of the large Greek population living in that city are afflicted with tuberculosis.

Federal meat inspectors have shown that two per cent of the 56,000,000 hogs in this country a year ago, and valued then at \$339,000,000, are affected with tuberculosis.

Good health is impossible when there is any derangement of the digestive organs. Foley's Orino Laxative is a natural remedy for stomach, liver and bowel troubles. It aids digestion, stimulates the liver and cures habitual constipation. —Quinlan's Pharmacy.

### VERMONT NEWS

#### Items of Interest From Fourteen Counties of State.

The Rev. E. A. Hoyt of Dover, N. H., has been engaged to deliver the Memorial day address at St. Johnsbury.

The farm house of G. M. Towne at Stowe Hollow was destroyed by fire at two o'clock Sunday morning, the loss being \$2000. Insurance to the amount of \$1000 is carried.

A large oak tree marks a corner of the town of Baltimore. Weathersfield, Chester and Springfield, Baltimore has the distinction of being the smallest town in area in the United States.

A suit has been entered in Windham county court by L. M. Carpenter of Brattleboro, against the Central Vermont railway for \$15,000 on account of an accident at South Londonderry January 8, 1909 when he suffered the loss of one leg and other injuries.

During a stubborn fire in the Barry block at Bellows Falls, Mrs. James Chapman an invalid, was carried from the building by the police. Damages of about \$1500 resulted to the stock and \$500 on the building. The fire started from a match thrown down an air shaft.

The total number of eligible voters in Burlington is 3663 which is 264 less than last year. The decrease is partially accounted for by the large number of delinquents who are disqualified to vote and by the fact during the past year many mechanics have moved from the city. In 1907 the lists numbered 4236 names the largest number ever qualified.

The March term of Rutland county court will open Wednesday, Judge A. A. Hall of St. Albans will preside. The most important case will be that of state vs. Robert Eddy who is charged with the murder of Miss Mary Jane Johnson, of Wallingford. At a former trial the jury failed to agree. About 80 witnesses have been subpoenaed by the state.

A Boston and Maine locomotive was frozen so solidly to the rails just south of Brattleboro Friday morning that it took combined efforts of two other engines to move it. The machine was taking water when the trouble began. The valve in the penstock became frozen and it was impossible to shut off the flow when the tank was full. It ran over onto the track and low temperature soon did the trick.

South Fairweather hall, Dartmouth, was destroyed by fire Saturday morning. Many Vermonters were among the fifty students quartered there. F. H. Harris of Brattleboro intercollegiate tennis champion, was one of the number and he aroused most of the students. The other Vermonters in the building were H. J. Vall of Randolph, J. D. Brewster of Windsor, H. M. Perkins of Windsor, F. D. Post of St. Albans and L. S. Rixford of East Bethel.

Saturday made the 95th consecutive day of sleighing in or about the city of Rutland. Sleighs were out for the first time this winter Wednesday evening, November 24, the night before Thanksgiving and they have been running ever since. There have been short intervals of a day or two when the snow was pretty well gone on Merchants Row and Center street but on the streets off the main thoroughfares, sleighs could run without interruption. There is every indication at the present time that it will continue to the century mark at least and possibly even longer. Old residents say that so much continual sleighing has not been seen in 20 years in the city.

Mr. and Mrs. Alonzo Knight Quimby passed their 50th wedding anniversary February 19 at their home in St. Johnsbury. The same day was the anniversary of Mr. Quimby's birth, which occurred in Barnet, 53 years ago. Mr. and Mrs. Quimby were married in Waterford February 19, 1851 and their entire married life has been passed within a few miles of where they now live. Mrs. Quimby was born in Ashtabula, Ohio January 18, 1828, one of fourteen children.

Grand Secretary H. H. Ross of Rutland of the Grand Lodge of Masons of Vermont, attended the celebration of Washington's birthday at Alexandria, Va. The grand masters of all the different states were invited to meet there and as the grand master of Vermont was unable to attend he asked Mr. Ross to represent him. The object of the gathering was to form an association for the establishment of some kind of a memorial to "Washington, the Mason." In Alexandria is the lodge over which he presided as master.

Erasmus Keith, one of Barre's oldest residents has looked up his record as a voter and says: "I was born in Barre in September, 1826 and cast my first ballot in 1848 and have missed but one March meeting since and then I was at Washington, at the Garfield inauguration as president, making 62 years. And I expect to be at the polls next Tuesday." Mr. Keith besides having such a remarkable record of attendance at town meetings, has also quite a record in office holding, having served his town as selectman and lister and auditor for some 20 years, also petit juror and county juror for a number of terms.

#### Green Cut Bone and Meat for Poultry

We are now shipping Green Cut Bone and Meat—an unexcelled cold-weather poultry food. Our price is only \$3.50 per barrel of 200 pounds, freight prepaid to nearly all points. The material we offer is fresh cut and is shipped thoroughly frozen. At above price we cannot afford to open any accounts. Send cash by registered letter, postoffice or express money order or personal check. Address, mentioning this paper, Carroll S. Page, Hyde Park, Vt.

#### Childrens Cry FOR FLETCHER'S CASTORIA

### Are You One of the Always Tired Kind?

Why are you more tired in the morning than when you retired? Why are you unequal to further exertion after your dinner? You are quite played out. The truth is you have habitually overloaded your stomach. Your liver is congested and your bowels clogged with foul refuse. "What shall I do?" you say. Why, take Smith's Pineapple and Butternut Pills for just one week. Take one or two each night when you retire. They will make you feel better all day long and in a week's time your tired, despondent, blue condition will have vanished. As an after-dinner pill nothing can take the place of Smith's Pineapple and Butternut Pills, for they possess not only the antiseptic and resolvent properties of pineapple, but also the laxative and tonic properties of butternut. They improve digestion, assimilation and nutrition, and stimulate a torpid liver or a sluggish condition of the bowels. Physicians use and recommend. They form no habit. You should always keep them on hand. These little Vegetable Pills will ward off many ills.

### To Cure Constipation Bilioussness and Sick Headache in a Night, use



**SMITH'S** For Sick Kidneys  
**BUCHU** Bladder Diseases, Rheumatism, the best remedy. Reliable, endorsed by leading physicians; safe, efficient. Results lasting. On the market 16 years. Have tried thousands. 100 pills in original glass package, 50 cents. Trial boxes, 50 pills, 25 cents. All druggists sell and recommend.



Attached to the shanks of a neat light bridge are two small rocking gold pads or guards, which adjust themselves to the sides of the nose. The bearing surface of these pads is four times that of the ordinary saddle bridge. The weight of the glasses is distributed by them along the sides of the nose, relieving the eyes from all pressure. This arrangement prevents the glasses from slipping and makes it possible to have the temples very loose which prevents them from cutting behind the ears. We are headquarters for the Tru-Fit Shur-On Spectacles. Ask to see them.

### De Witt E. Lewis

### WHEN YOU WANT

a piano don't pay agent's salary, store rents etc. By consulting me at Hudson's you can have a piano shipped from the factory to your house with a guarantee that this method of doing business will save you at least \$50.

### L. J. CARPENTER


Expert Piano Tuner

## EXAMINE YOUR COAL SUPPLY

If in need of fuel, telephone or send your orders to us for the celebrated Scranton and Lehigh Co.'s Coal. Dried hard sawed and split wood and kindling. We also handle baled hay, grain and poultry supplies of every description.

Green Cut Bone for Poultry Every Tuesday and Friday

## H. W. Myers & Son



**WE AIM TO PLEASE**

and we do it. You may test the truth of this assertion by inquiring of our customers.

**C.M. LAMBERT & SON**

THE MONUMENTMEN  
220 SCHOOL STREET - OPP. GRADE SCHOOL BLDG.

Continental Casualty Company		
Writes Accident and Health Policies. H. G. B. ALEXANDER, Pres. The most prompt and liberal in payment of claims.		
FINANCIAL STATEMENT, DECEMBER 31, 1908.		
<b>RESOURCES</b>		
Real estate unincumbered		\$59,160.00
Mortgage loans—first lien on real estate		557,363.00
Stocks and bonds		361,377.60
Cash in banks, office, etc.		270,860.00
Premiums in course of collection		558,812.20
Interest due and accrued		11,359.75
Admitted assets		\$1,818,932.55
<b>LIABILITIES</b>		
Claims reported, proofs not filed, in course of adjustment		\$134,700.00
Commission to become due on premiums in course of collection and all other liabilities		162,766.45
		\$297,466.45
Reinsurance reserve, calculated in accordance with insurance laws		\$732,246.20
Contingent reserve		100,000.00
Capital stock		300,000.00
Surplus over all		389,219.90
Total for protection of policyholders		\$1,521,465.10
Over 390,000 death and indemnity claims paid, aggregating \$8,500,000		
Ask Continental agents to tell you about Continental policies.		
<b>A. G. HALL, Agent</b> OR DROP CARD, TO <b>246 Union Street</b>		
AND AGENT WILL CALL AND EXPLAIN POLICIES.		

## There is Only One "Bromo Quinine"

## That is Laxative Bromo Quinine

USED THE WORLD OVER TO CURE A COLD IN ONE DAY.

Always remember the full name. Look for this signature on every box. 25c

*E. W. Hall*